

RELEVANCE AND IMPORTANCE OF HIGHER EDUCATION NURSE TRAINING

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Abstract

This article shows the necessity of training highly educated nurses, the role of their activities in maintaining the health of the population, and the functions of highly educated nurses in the formation of a healthy lifestyle.

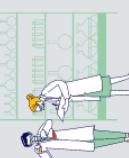
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Introduction

In our country, the training of qualified and high-quality personnel is a priority issue in the state policy, in which higher education, especially nurses with higher education, has a special and significant role. The quality indicators of highly educated nurses are also related to increasing the potential of forming a healthy lifestyle in our republic.

So, how should the formation of a healthy lifestyle be carried out in the activities of nurses?! In view of the fact that a healthy lifestyle usually requires certain standards, it is desirable that the future nurse personnel should be able to develop practical skills related to all aspects of a healthy lifestyle. In our opinion, the quality of propaganda carried out by nurses is characterized by the fact that it is filled with innovations, that is, it is impossible to explain the theoretical and practical features of a healthy lifestyle with existing propaganda technologies. We want to say that the constant repetition of some promotional technologies does not enrich the knowledge specific to the formation of a healthy lifestyle, in which nurses are required to change the promotional technologies depending on the age, profession, lifestyle of the population. There is no doubt that the use of innovative promotion methods by nurses is a sign of increasing research and professional skills. At this point, it should be said that until now, there are cases that do not go beyond small "stories" such as "Oral statement", "Specific disease and measures to prevent it", "Constant participation in sports" on issues of forming a healthy lifestyle. We do not mean to say that these techniques are removed from the promotion methods or cannot be used, but the time demands that each of us not only develops new promotion technologies in the formation of a healthy lifestyle, but also further improves the application of technologies to explain the essence of a healthy lifestyle to all science classes during nursing education. , it is a fact that we understand that the quality of lessons and the thinking of our young people cannot be enriched with outdated methods when times are rapidly changing.

While thinking about the importance of nurses' activities in the formation of a healthy lifestyle, we would like to emphasize that, in addition to the professional aspect of this activity, the study of specific aspects of a civil, civilized person is an actual scientific and practical topic of the



present time. The role of nurses in the formation of a healthy lifestyle is not only understood as professional promotion in a prescribed manner (full of necessary knowledge and experience), but also a process that requires a specific spirituality. In the context of our article, we would like to give our following definition of the activity: **Nursing activity** is a social process that requires a high level of knowledge and culture of experience from a person, as well as a civil duty and a system of responsibility in everyday life. We believe that it is important to study world experiences, to understand the customs and traditions of our people in this regard, to pay attention to social and cultural aspects, and to gather knowledge and experience about the importance of today's social and political processes .

In recent years, a number of reforms have been carried out in Uzbekistan regarding the training of nurses with higher education, and the organization of their activities, like other medical workers, and their specific functions in maintaining the health of the population have been reflected in a number of normative and legal documents. In particular, **in the Concept of the development of the healthcare system of the Republic of Uzbekistan in 2019-2025**, adopted on the basis of the Decree of the President of the Republic of Uzbekistan No. 5590 of December 7, 2018 "On comprehensive measures to fundamentally improve the healthcare system of the Republic of Uzbekistan" " Creating a modern model of long-term medical care for senior citizens,... widespread promotion of a healthy lifestyle and proper nutrition ” [1] such tasks are defined, and it can be recognized that nurses have a special role Because nurses are in the first place in terms of providing first aid to the population. In addition, currently medical universities cooperate with prestigious universities in America (Webster University) and Germany in training nurses with higher education. Applicants admitted to studentship in the 2023-2024 academic year will study in the 4-year education system. All this will expand the opportunities for effective education of highly educated nurses based on world educational standards and provide quality medical services to the population.

Based on the ideas presented in the context of our article, we decided to make the following conclusions:

firstly, the training of highly educated nurses is the main aspect in meeting the demand and need for medical personnel;

secondly, today, as in all fields, higher education nursing training processes require an innovative approach[1];

thirdly, nurses with higher education should develop their intellectual potential, show themselves as cultured, modern knowledge staff.

Literature

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2. Nilufar Sh. Niyazova A NEW STAGE IN THE DEVELOPMENT OF EDUCATION Central Asian Journal of Medicine : Vol. 2022 : Iss . 1, Article 12. <https://uzjournals.edu.uz/tma/vol2022/iss1/12>.

