

# IN ISCHEMIC HEART DISEASES UNUSUAL COMPLAINTS

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## Abstract

This article provides information on ischemic heart disease, causes, symptoms, and measures

**Keywords:** Heart diseases, myocardial ischemia, atherosclerosis, angina pectoris, stroke, heart attack.

## Introduction

### Heart ischemic disease

According to the World Health Organization, ischemic heart disease is one of the main causes of death occurring worldwide. In 2016, there were 15.2 million deaths caused by cardiovascular disease. Today, it is still contributing to the premature death of both men and women. In fact, it is very easy to prevent, and in most cases the risk can be reduced to a minimum. To do this, it is recommended that you eat properly, lead an active lifestyle, try to control stress, abstain from harmful habits and regularly check the condition of cardiovascular disease under a doctor's office. Ischemic heart disease is a common disease of the cardiovascular system; it is caused by miocardial ischemia and coronary blood circulation disorders. Ischemic heart disease is an acute or chronic disease that develops due to a breakdown of the balance between the need for oxygen and blood clotting of the miocardial.

The resulting embryo was allowed to develop in nutrients and then inserted into her womb, where it implanted. Ischemic heart disease includes stenocardia (first, last, unnamed), miocardial infarction, post-stroke cardiosclerosis, arrhythmic type, and heart failure. Miocard's infarction usually develops as a result of the blood coming to the miocardial not flowing completely through the crown arteries. Often thromboemboly or thromboemboly is responsible for this. Cardiospasm is also important. This pain is predominantly common among academics, those who work in leadership positions. Negative stress also causes this pain when the crown arteries are affected for a long time. Stenosis is a violation of the balance between the need of the heart muscle for oxygen and its reach with blood. It is one of the most common forms of chronic heart ischemic disease and develops mainly (90%), due to atherosclerosis of the crown arteries. It also occurs when tumors crush the veins and a person is severely traumatized (10%). It has been found that there are a number of pathogenetic chains in the origin of a stenosis attack, considered the main clinical symptom of the disease. In atherosclerosis, catecholamines usually show the effect of hypoxia in



relation to the crown arteries, since the properties of atherosclerotic altered vessels are greatly weakened. Excessive agitation activates the simpato-adrenal system, causing blood vessels to contract. Blood transfusions occur, thrombosis is separated. This, in turn, increases the permeability of the miocardial capillaries. Miocardial ischemia develops due to tissue swelling and congestion of the crown arteries. Ischemic heart disease. It is a severe heart disease that develops regularly. As a young adult, the incident incident illness increases.

WITHOUT the clinical predisagement, the rest is violent and the rest is pressed. The resulting embryo was allowed to develop in nutrients and then inserted into her womb, where it implanted. Usually, one of the first clinical symptoms of ischemic heart disease is a stress stenosis attack that occurs when physical work is done. Later, the disease can last a long time, or even stretch for years. Violence can lead to the transition to stenosis in a peaceful state, which is also observed in a peaceful state after a while.

The origin and development of YUIK is caused by people's age, hereditary inclination to the disease, hypertension, diabetes mellitus, obesity, alcohol abuse, pioneering, low mobility, physical and spiritual abuse, and so on. Among pioneers, there has been a relatively high incident incident of ischemic heart disease.

The role of cholesterol in the development of YUIK is enormous. An increase in blood cholesterol density at the expense of very low lepoproteins causes atherosclerosis, which increases the risk of developing ischemic heart disease.

There are many types of YUIK that can and cannot be overcome if the first stage of YUIK is stenosis, and miocardial infarction is its most severe form. With stenosis, the patient may live a long time, but in his early stages (the first three days), some patients experience miocardial infarction. Clinical symptoms of a miocard infarction are usually similar to symptoms of stenosis, and only pain lasts longer and stronger. The resulting embryo was allowed to develop in nutrients and then inserted into her womb, where it implanted. Post-stroke cardiosclerosis, heart arrhythmia, and heart failure are actually complications of heart ischemic disease and are the main causes of disability and death caused by diseases of the cardiovascular system. In case of suspected ischemic heart disease, it is necessary to immediately hospitalize the patient. Clinical symptoms of the disease (disease history, patient complaints, percussion, auscultation, general vision), electrocardiography, enzymes and structural elements specific to the heart muscle (creatine phosphokinase isoferments, mioglobin, etc.) and blood tests, exocardiography, and so on are diagnosed.

YUIK.ni treatment is carried out in therapeutic and surgical way. In ischemic heart disease, it is important to adhere to the diet. It is necessary to limit the total amount and calories of food, to try to maintain weight normally, to engage in bodybuilding, to harmonize hard work and rest, and to follow the instructions of a doctor. Quit smoking is a must. To prevent ischemic heart disease, treatment for hypertension, diabetes, and so on is necessary.

YUIK. Patients with it should be under the supervision of a cardiologist.

With a dangerous factor that leads to ischemic heart disease:

- Drinking alcoholic beverages.
- Dyslipidemia.
- Increased arterial blood pressure.
- Diabetes mellitus.
- Stud.



- Consume a lot of fatty products.
- Omil thrombogen.
- Physical activity deficiency (hypodynamics).

### Symptoms of ischemic heart disease:

**Hair loss:** It's hard to believe, but early hair loss in men and women is really associated with a high risk of clogging the arteries and blood clotting. For example, the results of the study, involving 37,000 men, confirmed a link between hair loss and the development of cardiovascular disease. Another study involving more than 4000 women found that the symptom is also present in women. Therefore, if hair loss is more observed than before, it is recommended that you undergo regular examination by a cardiologist.

**Ear burrowing:** Another sign of heart ischemic disease is wrinkles or wrinkles in the ear cavity. This sign of the disease has been noted in many studies conducted in recent decades. Doctors say the main thing is in deteriorating blood supply: due to clogging of the arteries, the blood is not driven well, and the body seeks to supply vital organs with oxygen in the first place, while oxygen becomes more difficult for the rest of the organs to travel.

**Pain in the legs:** It is especially important for smokers to pay attention to this mark: due to deteriorating blood supply, excretintas containing blood are clogged into the arteries, and acute pain in the leg can lead to whitening or falling. If such a situation occurs, it is necessary to go through a doctor's office. It is also worth trying to eat more vegetables and go for a walk.

### Pain in the neck and jaw

This is a different symptom that is not good for atypical disease: the truth is that one of the first symptoms of heart attacks in women is not pain in the chest, but pain in the neck or jaw. Unfortunately, this is why he often consults a doctor too late because they don't even suspect a heart attack. It is important to remember that pain in the neck or jaw is an important reason to contact a cardiologist. Otherwise, women are observed with the above complaints.

**Back pain:** Another unusual but very common symptom of ischemic heart disease is back pain. The reason for this is that a lack of blood circulation can weaken the discs and increase pressure on the spine, resulting in pain in the hip area. If frequent back pain is observed, a cardiologist is consulted and diverted from it to check the cardiologist or the ultrasound test of the heart , the blood cholesterol sceptor.

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