

# HYGIENIC ASSESSMENT OF WORKING **CONDITIONS OF INFECTIONISTS DOCTORS** (On the example of the Republic of Karakalpakstan)

**ISSN** (E): 2938-3765

Muratbaeva Aliya Parakhatovna, Madenbayeva Gulchehra Ilhamovna, Khamzayeva Nilufar Toshtemirovna

#### **Abstract**

The work of medical workers is one of the important, complex and responsible types of human activity. The result of the activity of medical workers - the health of the population, is largely determined by working conditions and their health. The problem of maintaining the health of the working population is the basis of the social policy of the state. The Constitution of the Republic of Uzbekistan and labor legislation provide for the rights of employees to safe working conditions, to receive information about the existing risk of damage to health, and the employer's obligation to ensure the safety of employees and inform them about the existing risk of damage to health in the workplace, as well as to carry out measures to preserve and strengthen the health of workers. The above fully applies to medical workers. [4].

#### Introduction

Target research: studies and hygienic assessment of working conditions of infectious disease doctors.

Material and methods: The selection of research methods will be determined depending on the tasks set, but in all cases proven methods will be used to ensure reliable data:

- a study of the social structure (social and living conditions, lifestyle) of infectious disease doctors will be conducted on the basis of a survey-questionnaire compiled taking into account the experience of similar studies;
- the health status of infectious disease doctors is planned to be assessed in two research options: based on the analysis of medical examination materials, based on self-analysis based on survey data;

The results of the study and their discussion: For the first time in the Republic of Uzbekistan, it is planned to publish scientific papers devoted to health issues of infectious disease doctors. As is known, n a The health status of people is influenced by many factors, one of which is the productive activity of people a . Research has shown that an increase in morbidity , the development of neuroses, and an increase in c ray ae in traumatism a c is connected with the professional suitability of workers. Professional suitability means not only successful mastery of a professionalecc and e y during training, but also further achievement of professional skills in the entrya bots . [1] In particular , there was a The Tashkent Medical Academy was created , and





an important innovation was the training in medical universitiesx c e s e r s with higher education In 2012, more than 72 thousand doctors and about 300 thousand mid-level medical workers worked in the system of the Ministry of Health of the Republic of Uzbekistan, providing medical services to the population at the level of world standards [2].

**ISSN** (E): 2938-3765

Currently, the number of doctors in the Republic of Uzbekistan is 91.9 thousand people, of which 44.3 thousand (47.7% of the total number of doctors) are women. The provision of doctors per 10,000 population is 27.1.

The number of mid-level medical personnel amounted to 365.6 thousand people, including women - 333.4 thousand people (91.2% of the total number of mid-level medical personnel).

The provision of mid-level medical personnel per 10,000 population is 107.8 [2].

It is clear that compared to 2012, the number of doctors has increased by 19.9%.

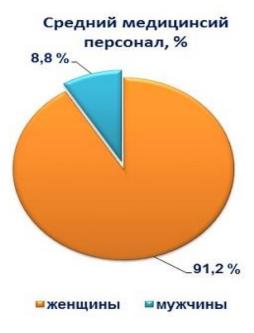


Fig. 1. Mid-level medical personnel, %.

In this regard, the study and assessment of the health status of medical workers is relevant today. A total of 30 infectious disease doctors were surveyed, of which 24 (80%) were from the Republican Children's Infectious Disease Hospital of the Republic of Karakalpakstan, 2 (6.66%) from the infectious disease department of the Beruni district medical association, and 4 (13.4%) from the infectious disease department of the Amu Darya district medical association.

A distinctive feature of the Amu Darya District Central Hospital is that it is a mixed-type healthcare facility and the Central District Hospital houses departments of various profiles (therapeutic, cardiology, surgical, pediatric, infectious diseases, trauma and neurology departments, maternity ward, emergency medical care department and paid rehabilitation department).

The majority of respondents, 21 (70%), were women and 9 (30%) were men (Fig. 2).





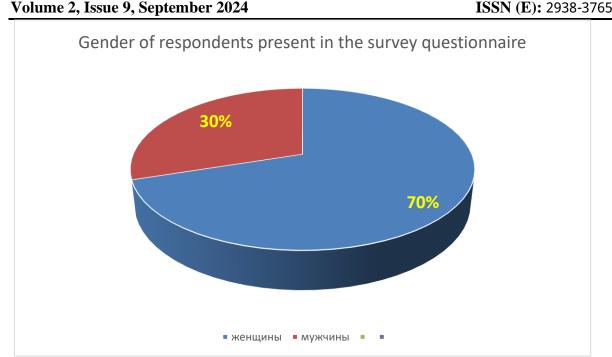


Fig. 2. Gender of respondents present in the survey, %.

Of the respondents, the following are qualified: 9.6% of respondents have the highest category, 33.3% have the 1st and 2nd degree category, and 23.8% of respondents do not have a category. Interesting information was obtained when analyzing the total length of service in this specialty (Fig. 2). The data presented in Fig. 2 indicate that the majority of respondents have a solid total length of service - 30 years or more.

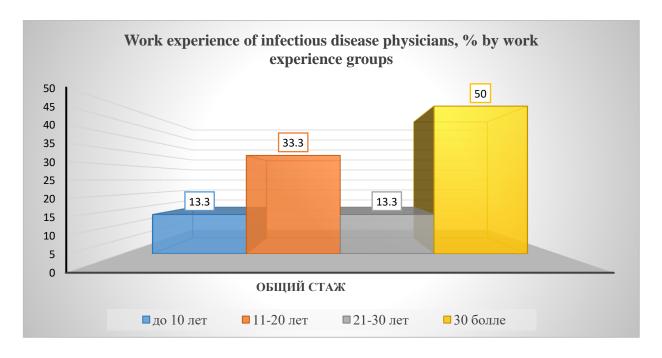


Fig. 3. Work experience of the studied contingent, in % of the number of respondents.



**33** | Page

The calculated average age of respondents ranged from 34 to 70 years. The calculated average age of respondents was  $48.9\pm3.4$  years, but people aged 31-40 years (33.3%) and 51-60 years (33.3%) predominated. Persons 41-50 years old and over 60 years old make up 16.6%, respectively, and there were no people younger than 30 years old among the respondents (Fig. 3.).

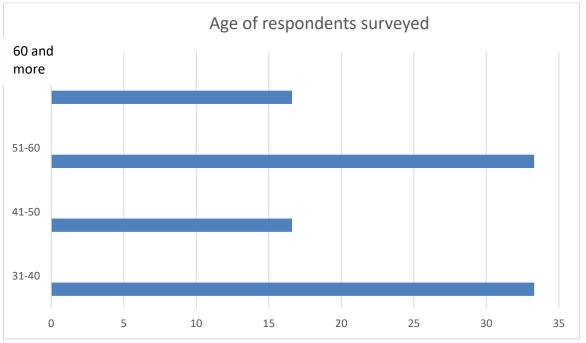


Fig. 4. Age of respondents under study, %.

The majority of respondents are successful, family-oriented people (90.4%), with 1-3 (51.1%) and even 4 or more (36.9%) children. Only 1% do not have a family or children.

### **Conclusion:**

The study showed that for the majority of respondents (50%), their work in public hospitals is not the main source of family income; more than 40% of respondents have additional work in private clinics, and therefore more than 60% of respondents do not consider themselves fully socially protected.

So, the work activity of medical workers is associated with the influence of a variety of harmful and (or) hazardous production factors. Modern development of medicine, increasing the technical equipment of medical institutions, introducing more advanced technological processes, modern equipment, equipment, tools, The development of new drugs and the development of new methods of diagnosis and treatment have posed new tasks for preserving the health of doctors and preventing their possible diseases.

## **REFERENCES**

**34** | Page



# Volume 2, Issue 9, September 2024

1. Averyanova T.A., Poteryaeva E.L., Trufanova N.L., Chebykin D.V. Protecting the health of medical workers in the context of modernization of healthcare // Siberian Medical Review. - 2012. - No. 2 (74). - pp. 79-83.

**ISSN** (E): 2938-3765

- Avota M.A., Eglite M.E., Matisane L.V. Objective and subjective data on occupational diseases medical workers of Latvia// Occupational medicine and industrial ecology. 2002. №3. P. 33-37.
- 3. Avkhimenko M.M. Some risk factors of medical work// Medical assistance. 2003. No. 2. P. 25-29.
- 4. Act of sanitary and epidemiological examination carried out by the Beruni district department of the Department of sanitary and epidemiological welfare and public health of the Republic of Karakalpakstan, 2022
- 5. Act of sanitary and epidemiological examination carried out by the Amtsdarya district department of the Department of Sanitary and Epidemiological Welfare and Public Health of the Republic of Karakalpakstan, 2022
- 6. Rasulov S. M. et al. Improving the epidemiology, epizootology, and prevention of echinococcosis in Uzbekistan //European Journal of Molecular and Clinical Medicine. 2020. T. 7. №. 2. C. 3029-3052.
- 7. Toshtemirovna K. N., Sultanovna M. G., Mirtazaevich M. O. "Covid-19 Infectionsining Epidemiologists Khususiyatlari" (Toshkent Shahri Misolid) //JournalNX. C. 589-594..
- 8. Rasulov S. M. et al. Improving the epidemiology, epizootology, and prevention of echinococcosis in Uzbekistan //European Journal of Molecular and Clinical Medicine. 2020. T. 7. № 2. C. 3029-3052.
- 9. Toshtemirovna K. N., Sultanovna M. G., Mirtazaevich M. O. "Covid-19 Infectionsining Epidemiologists Khususiyatlari" (Toshkent Shahri Misolid) //JournalNX. C. 589-594...
- 10. Yunusovich M. A. et al. The epidemiological situation of meningococcal infection //World Bulletin of Public Health. 2024. T. 31. C. 94-96.
- 11. Matnazarova G. S., Xamzayeva N. T., Kurbaniyazova M. O. BOLALARDA SARS-COV-2 INFEKSYASINING O 'ZIGA XOS XUSUSIYATLARI VA OSHQAZON ICHAK TRAKTI BILAN BOG 'LIQ XOLATLAR //Journal of new century innovations. − 2024. − T. 47. − №. 1. − C. 51-54
- 12. Неъматова Н. Ў., Абдукахарова М. Ф., Хамзаева Н. Т. Механизм Развития Эпидемического Процесса При Внутрибольничной Вич-ИнфекцииВ Городе Таш кент //Open Herald: Periodical of Methodical Research. 2024. Т. 2. №. 1. С. 19-23.
- 13. KJ K. A. K. O. G. O. K., Khamzaeva N. T. Identification Of The Prevalence Of Breast Cancer Among Different Age Groups Of The Population And Its Prevention //Open Access Repository. − 2023. − T. 4. − №. 3. − C. 341-344.
- 14. Toshtemirovna X. N. et al. COVID-19 infeksiyasining epidemiologik raqamli koʻrsatkichi //IQRO INDEXING. 2024. T. 8. №. 2.
- 15. Toshtemirovna X. N., Sultanovna M. G., Vali oʻgʻli M. R. Oʻzbekistonning koronavirusga qarshi kurashishdagi tajribasi, Koronavirus bilan uch yil //IQRO. − 2023. − T. 3. − №. 1. − C. 207-211.





# Volume 2, Issue 9, September 2024

16. Хамзаева Н. Т., Матназарова Г. С. Covid-19 инфекциясидан химояланишда шахсий химоя ва антисептик воситаларнинг аҳамияти //pedagogik islohotlar va ularning yechimlari. – 2023. – Т. 1. – № 2. – С. 80-82.

**ISSN** (E): 2938-3765

- 17. Kurbonov A. K. et al. Identification Of The Prevalence Of Breast Cancer Among Different Age Groups Of The Population And Its. 2023.
- 18. Матназарова Г. С. и др. Вакцинопрофилактика Covid-19 в Узбекистоне. 2022.
- 19. Mirtazayev O. M. et al. Scientific, methodological and organizational bases of management of the epidemic process in case of salmonellous infection in Uzbekistan //Central Asian Journal of Medicine. − 2019. − T. 2019. − №. 4. − C. 72-80.
- 20. Madenbaeva G. I., Matnazarova G. S., Khamzaeva N. T. Spread Of Breast Cancer Among Different Age Groups Of The Population And Its Prevention //International Multidisciplinary Journal for Research & Development. − 2023. − T. 10. − №. 11.
- 21. Хамзаева Н. Т. и др. The Effectiveness Of A New Food Substance-A Hard Gelatin Capsule-"Sedan Bark" Is Being Studied In Children Who Have Recovered From The Coronavirus //European Journal of Interdisciplinary Research and Development. – 2023. – Т. 12. – С. 201-207.

