

PREPARATION OF GIRLS FOR FAMILY LIFE BASED ON FOLK PROVERBS

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Abstract

In this article, we will discuss the role of Uzbek folk proverbs in preparing girls for family life. We examine how these proverbs shape attitudes, behaviors, and expectations about family relationships and provide girls with the tools to raise strong, loving, and cohesive families based on Uzbek cultural values and traditions. Through the age-old wisdom of folk proverbs, girls are guided to build a strong, supportive and nurturing family environment that supports the rich heritage of Uzbek culture.

Keywords: folk proverbs, behavior, responsibility, girls, family, family life.

Introduction

In Uzbek culture, folk proverbs play an important role in the formation of values, beliefs and behavior of a person, especially young girls, in preparation for their future role in the family. Uzbek folk proverbs are rich in wisdom and provide guidance on various aspects of life, including family relationships, responsibilities and virtues include inculcating important values such as loyalty, conscientious performance of household duties, and the importance of harmony and harmony in the family. These proverbs serve as a cultural compass that guides girls to become responsible, caring and strong family members. According to Uzbek folk proverbs, the importance of girls' traditional gender roles learns the value of hard work and perseverance, and the importance of maintaining strong family ties. By imbibing the wisdom of these proverbs, girls are provided with knowledge and thinking to overcome the complexities of family life with grace, wisdom and kindness. In many cultures, including Uzbek culture, folk proverbs are wisdom for generations and served as a source of guidance. These wisdoms often contain valuable life lessons, moral principles, and practical advice that can be applied to various aspects of life, including family relationships and responsibilities. When it comes to preparing girls for family life, the teachings embedded in folk proverbs provide valuable insights and empower young women to navigate the complexities of family roles and dynamics. Folk proverbs often express traditional values and cultural norms that emphasize the importance of family harmony, respect for elders, loyalty, kindness, and hard work. By introducing girls to these timeless values through proverbs such as "The honor of the family is the women" or "The happy family is the first heaven," young girls internalize the importance of their roles within the family and the impact of their actions about family harmony. Many folk proverbs give messages about strength, perseverance and flexibility, qualities necessary to overcome difficulties and uncertainties in family life. Sayings like "A lonely sea does not make



a good sailor" or "A Guard cannot be polished without friction" inspire girls to embrace adversity as an opportunity for growth, learning, and character development, preparing them for the inevitable ups and downs of family life relationships with grace and strength. Understanding the perspectives and feelings of family members is essential to developing empathy, communication, and mutual respect within the family. Folk proverbs such as "Walk a mile in someone else's place" or "A kind word warms three winter months" help girls to develop empathy, active listening, empathy, mutual understanding and support for family members serves to strengthen harmonious relationships based on. Folk proverbs often give practical advice and insights about everyday difficulties and dilemmas that arise in family life. In proverbs such as "Nine sewed on time", "Many hands are easy work", management of household chores, resolution of conflicts, sense of responsibility among family members the importance of foresight, cooperation, active problem solving is emphasized in raising him. Self-awareness and personal growth are important components of establishing healthy and happy family relationships. Self-reflection folk sayings such as "Know thyself" or "The best mirror is an old friend" help girls develop self-awareness, emotional intelligence, and a growth mindset inspires, helps them find their strengths. weaknesses and aspirations in the context of family life.

Folk proverbs are not only a storehouse of wisdom and advice, but also a reflection of cultural heritage, self-awareness, and common memory. By learning and mastering the meanings and values of Uzbek folk proverbs, girls can connect more deeply with their cultural roots, traditions and society, develop a sense of pride, belonging and continuity, family life and enrich their understanding of their roles in society.

Conclusion:

In conclusion, folk proverbs provide a rich tapestry of wisdom, values, and insights that help girls navigate the complexities of family life with resilience, compassion, and wisdom. By inculcating the teachings of folk proverbs in upbringing and education, it is possible to form the skills, thinking and values necessary for establishing strong, harmonious and harmonious family relationships that will stand the test of time in young girls. As we pass these timeless lessons down through the generations, we ensure that the wisdom of our ancestors continues to guide and inspire us in creating a brighter and more compassionate future for all families.

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