METHODS OF TEACHING ENGLISH ON THE BASIS OF INTERNATIONAL STANDARDS

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Abstract

This article describes methods of teaching English based on international standards, competency-based approach and "Flipped Classroom" method.

Keywords: competency-based approach, communication-based, interactive programs, online platforms, virtual classrooms, goal-oriented learning, active reading and writing.

Introduction

English has become the main medium of global communication today. Many countries have introduced English language instruction in their schools, and the process is based on various international standards. The definition of effective methods of teaching English is of international importance because they help students master the language and develop their communicative skills. This article examines methods based on international standards for teaching English.

1. Competence-based approach (Communicative Language Teaching-CLT

• The competence-based approach (CLT) is one of the most common and effective techniques in teaching English. The CLT approach is aimed at learning the language of students not only in theory, but in a practical way, that is, through communication in everyday life. This approach is based on the following principles in Language Teaching:

Communication based: Students are given the opportunity to use the language in real situations, which develops their communication and language skills.

• **Goal-oriented teaching:** The teaching process is aimed at meeting the communicative needs of students, that is, in learning grammar and vocabulary mainly communicative tasks are performed.

• **Active reading and writing:** Students learn the language by being active, which is more effective and memorable for them.
CLT methodology is also used in preparation for many international tests, such as IELTS and TOEFL, because this method focuses on students' ability to use the language in real situations.

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2. International language certificates (CEFR)

The CEFR (Common European Framework of Reference for Languages) system, developed by the European Council, includes several standards that are widely used internationally in learning English. The CEFR defines levels of language learning as follows:

• **A1, A2** (Elementary level)
• **B1, B2** (Intermediate level)
• **C1, C2** (High level)

The CEFR system clearly defines how students should learn a language and at what level of proficiency they should demonstrate. Also, this system shows which skills (listening, reading, writing, speaking) students should develop during language learning.

By teaching on the basis of the CEFR system, students' goals are clearly defined, and they have the opportunity to easily check their level. In this way, international language skills and tests systematize the teaching process at the highest level.

3. Flipped Classroom (Orqaga qaytarilgan darslar)

The "Flipped Classroom" method is an innovative approach aimed at updating traditional teaching methods. In this method, many parts of the lesson (videos, presentations, interactive materials) are presented to the students at home, and only practical exercises and communication activities are spent in the lessons.

According to this method, students learn new material independently, and in class the teacher answers their questions, organizes practical exercises and group discussions. Through this method, students are more active in language acquisition and they manage their time effectively.

4. Task-Based Language Teaching (TBLT)

Task-Based Language Teaching (TBLT) is one of the important methodologies of language teaching, which is based on students' performance of certain tasks in the process of language learning. In this method, students complete a variety of tasks to achieve specific goals, such as problem solving, conducting an interview, or giving a presentation.

The main advantage of the TBLT approach is that students strengthen their language skills by doing practical tasks. This method is especially effective in developing language skills necessary for business and professional communication.

5. Differentiated Instruction (Differentiated Education)

Differentiated learning is another important teaching methodology that takes into account the different needs, abilities and learning styles of students. In teaching English, each student receives education according to his level. The teacher provides materials, tasks, and activities adapted to the students.

This method allows students to take lessons at their own pace and learning style. Differentiated learning also helps students develop independent learning skills.

6. Integration of technologies

The role of technology in teaching English is increasing. The introduction of modern technologies such as interactive programs, online platforms, virtual classrooms and AI-assisted teaching into the educational process creates additional opportunities for students to learn the language. At the same time, these technologies help teachers monitor the progress of students and implement an individual approach.

In conclusion, there are many effective methods of teaching English based on international standards, and each of them has its own advantages. Competency-based approach, CEFR system, flipped classroom, TBLT, differentiated education and modern technologies make the language teaching process more effective. These methods enable students to be more active, free and successful in language learning, while preparing them for global communication.

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