# THE ROLE OF INTERNET TECHNOLOGIES IN THE EDUCATION AND SPIRITUAL DEVELOPMENT OF YOUTH

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**Abstract**
This article enlightens the analysis of the impact of Internet on the spiritual of youth from the point of social-philosophical view. Also, there studied the priorities of preservation of young people's consciousness from harmful influences and ideas coming through the Internet. Nowadays when the information has strengthened, there were analyzed processes of fighting for being occupied of youth consciousness by different means and resources through internet. The role and importance of global internet is increasing now and as a result, there were identified positive and negative features of it.

**Keywords**: Internet networking, internet-blogs, postindustrial revolution, informatization, globalization processes, mass media activity and internet.

## Introduction

In modern society, information and communication technologies, in particular, the use of the Internet, are becoming one of the important factors of socio-economic and cultural development. Young people, as the most active segment of society, widely use the opportunities of the Internet. Today, Internet technologies are integrated into the educational process of young people and serve as an important tool in their intellectual, social and spiritual development. At the same time, the negative impact of the Internet, especially the threats it poses to the moral image of young people, is also considered a pressing problem.

Today requires awareness, awareness of events. However, just as everything has its own measure, norm, it is advisable to receive information only in the right amount, to the extent that it benefits us, not harms us. The Internet has created an opportunity for everyone to quickly receive and distribute information, and to freely express their opinions. At the same time, information such as what people are doing, what color clothes they like best, can be freely brought to the attention of the public via the Internet. There are those who spend their precious time reading such "expresses of the heart". There are also those who "busy" their memory with song lyrics, SMS messages, phone numbers... Information can serve various purposes. It all depends on who uses it and how.

Let's dwell on mobile communications, which are one of the real threats to the spirituality of our people today. It is impossible to imagine our life today without mobile communication devices, but no matter how much information is provided through the media about the harm

they cause to people's health, we cannot say that we are achieving a decrease in the use of these devices. Today, those who suffer the most from these devices are young people. Because our young people using modern phones have the opportunity to download all kinds of films, clips, and obscene pictures on them. Accessing pornographic sites via the Internet is a simple function for modern mobile phones.

The negative aspects of globalization are also being transmitted to mobile communications and are showing their effects among young people, especially teenagers. Obscene and violent videos and immoral messages distributed via mobile phones are having a negative impact on the psyche and spirituality of young people. The spread of this information, unfortunately, can increase the tendency to violence among young people, undermine their psychological stability, and lead to a lack of appreciation for spiritual values.

Unfortunately, some parents are indifferent to this issue and do not pay enough attention to controlling the misuse of phones by children. This indifference often stems from a lack of awareness about the potential dangers associated with unrestricted mobile usage and the harmful content circulating online. Parents may be preoccupied with their own responsibilities, assuming that mobile phones serve as harmless tools for entertainment or education. However, this assumption can lead to significant consequences.

Conducted analyses reveal that false information, slanderous messages, and inappropriate content distributed via mobile communications not only negatively impact the spiritual and moral well-being of young people but also disrupt the harmony within families. Exposure to such content can erode trust, create misunderstandings, and foster conflict among family members. For instance, misleading or manipulative messages received by a child or an adult family member can provoke unnecessary arguments, damaging family relationships over time. In some cases, these issues escalate to a more severe level, contributing to family breakdowns. Rumors, fabricated stories, and other types of malicious communication have been identified as factors causing rifts between spouses or between parents and children. The rapid dissemination of such content through mobile phones amplifies its impact, making it challenging to mitigate the damage before it spreads further.

Addressing this issue requires a multifaceted approach. Parents need to be educated on the importance of monitoring their children's mobile phone usage and guiding them toward responsible digital habits. Workshops, community discussions, and awareness campaigns can play a vital role in equipping parents with the knowledge and tools necessary to tackle this challenge effectively.

Additionally, families must foster open communication and mutual trust to combat the negative influence of false information. Children and adolescents should feel comfortable discussing their online experiences with their parents, creating an environment where potential risks can be identified and addressed early. Moreover, educational institutions and social organizations should collaborate to teach digital literacy, helping young people critically evaluate the information they encounter online and encouraging them to use technology responsibly.

To combat such negative situations, several important measures must be taken. First of all, special attention should be paid to the formation of high spirituality and national immunity in young people. This is done by educating them on the basis of national values, moral principles

and a healthy worldview. At the same time, it is also important to form a culture of using the telephone among young people. It is necessary to develop responsibility in using telephones, skills in analyzing information, as well as promote a conscious approach to protecting against harmful content.

In addition, it is necessary to regularly conduct seminars and trainings among parents and educators, providing them with knowledge and skills to identify negative information distributed via mobile communications and prevent such messages. At the same time, it is necessary to control the information space in cooperation with the state and society and take firm measures against resources distributing harmful content. Only through such a comprehensive approach can we protect young people from the negative effects of globalization and educate them as spiritually mature and socially responsible individuals.

Taking into account the harmful effects of the computer, the negative impact of the Internet on human health is much greater than that of a regular book. A number of Russian doctors who have studied this situation have listed the negative effects of the computer on human health. In particular, sitting for a long time: a person can develop various diseases due to damage to the spine, the effect of electromagnetic radiation from the monitor, impaired vision, fatigue of the finger joints, and stress situations that arise as a result of information loss. Although these factors are not directly related to the Internet, since the computer is one of its necessary items, working on the Internet for a long time can gradually have a negative impact on human health. A person who works on the Internet is aware of world news, some young people do not feel that they are in a virtual world. Working on it can also harm the development of mental ideas and health. The Internet is disturbing the world community with its pornographic sites, influencing the minds of teenagers and spreading some unconventional messages. According to a study conducted by Belgian professor Frank Tevisson, 90 percent of students in European countries use the Internet. However, when studying which sites they use, it turned out that only 10 percent of students prefer to visit sites directly related to the educational process, and 90 percent prefer to visit sites with pornographic content [1]. That is why it is advisable for parents to monitor their children's activities on the Internet. Nowadays, various Internet sites have a negative impact on the minds of young people, but the number of people who are addicted to them is increasing every day. Such a psychological connection leads to tragic consequences. Some young people are engaged in various games in computer clubs. According to experts, 49 percent of computer games distributed via the Internet contain a significant amount of violence and cruelty. In 41 percent of war games, the hero of the game commits such violence or cruelty to achieve his goal. In 17 percent of games, this violence and cruelty itself is the main goal. We cannot say that various warlike games that do not suit our mentality, and sometimes heroism turns into barbarity, can have a positive impact on the moral and aesthetic education of our children. Although at first glance they may seem like ordinary games, there are many real-life examples of how the ideas of violence and the awakening of a mood of cruelty have led to many negative consequences [2].

Most of the information prepared for the countries of Central Asia is financed by ideological centers that aim to psychologically influence the worldview of those living in this region. Their goal is to convince independent states that the path they have chosen is wrong, and from the

fact that they are ultimately doomed to social upheaval, we can see that all this is being done to demoralize the nation, turn it away from its chosen path, and force it to seek patronage. In the modern world, "it is not necessary to exterminate the population in order to conquer other territories. Because with the help of a population whose consciousness and mind have been conquered, whose views and moods have been changed to a favorable direction, it is becoming possible to possess any wealth and natural resources. If our national press is powerless in this, if we let others determine the climate in the information field, we will lose the information war, which will be exactly the case for the forces that are trying to influence our country with nonsense such as "freedom" and "advancing democracy." We all know that this cannot be allowed. Therefore, as our head of state said, fighting thought against thought, idea against idea, and ignorance against enlightenment will be effective.

The post-industrial revolution, informatization and globalization processes have created individuals who are driven by profit, who seek to satisfy their material interests and needs, who have lost their national and class identity, and who are ready to use any idea for their own benefit. As a result of such circumstances, humanity is moving away from spiritual values and is inclined to live based on the principles of individualism, which mainly serve their own interests. The negative impact of these processes, unfortunately, cannot bypass our country and poses a threat to our national interests. Therefore, we need to fight against these vices and, if necessary, use all opportunities and resources to maintain the spiritual strength of our people.

There are great opportunities for developing the use of Internet services in our country. Taking into account the globalization process, today no sphere of activity can reach its potential without information and communication technologies. In this regard, the state pays special attention to the introduction of information and communication technologies in all areas, including education, healthcare, economics, public administration and agriculture. In particular, it is important to educate young people as a competitive and knowledgeable generation in the context of globalization through the widespread introduction of modern technologies in educational processes.

In addition, the effective use of the potential of information and communication technologies can serve as an important tool for promoting our national values, uniting our society on the basis of national pride and spiritual unity. At the same time, it is an urgent task to protect ourselves from ideological influences in the global information space, protect our youth from harmful information and form a strong spiritual immunity for them. Using information and communication technologies, it is possible to give a new impetus to the scientific and economic development of our country by applying innovative approaches at the national and international levels in educational processes.

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