

# THE INFLUENCE OF VOCAL PERFORMANCE ON THE MATURITY AND GENERAL DEVELOPMENT OF STUDENTS

Абдусоматова Гулшодабегим Камолиддин кызы

Магистрант Наманганского государственного педагогического института

Телефон: +998932733404

## Abstract

This article discusses the impact of voice performance on students' maturation and overall development. The importance of vocal performance in music lessons at school and its role in developing students' aesthetic taste, creative abilities, and social skills are emphasized. In addition to helping students learn music and vocal art, vocal performance shapes their emotional world, improves their self-expression skills, and helps reduce stress. The article also examines the factors that affect students' individual and collective development through methods related to vocal exercises, voice training and music genres. Thus, it is revealed that vocal performance is an important tool that helps students achieve success in all areas, not only in the development of musical skills.

**Keywords:** Vocal performance, general development, music education, self-expression, aesthetic taste, social skills, emotional development, voice control, creative abilities, music education, stress reduction, choral performance.

## Introduction

The issues of children's performance - singing, musical and rhythmic movements, playing musical instruments, etc. - are currently in the focus of attention of many scientists and teachers due to their relevance. One of the most important conditions for the development of children's musical and performing abilities is the formation of their musical abilities. Because musical abilities – rhythmic perception of music, perception of pitch, musical ear, musical memory and emotional responsiveness to music – are factors in the development of performing skills in children. Teacher N.V. Vetlugina "... musical experiences are always based on sensory abilities, since music is perceived and musical abilities are developed through the simplest melodies, complex images and, above all, emotions." - he stressed. The highest degree of ability is talent. Talent is an ability that allows a person to successfully, independently, and uniquely perform any complex activity. At this point, one thing should be said: the descendants of all people with musical talent. We do not agree that he will have musical talent. Their children may have musical talent, but if this talent is not developed, then it will not become an ability, that is, it will remain unformed. After all, music serves the formation of spiritual, artistic and moral culture of the younger generation, the education of national pride and patriotism, the expansion of horizons, the development of creative abilities and artistic taste, the education of



independence and initiative. Therefore, in every school of our republic, musical and aesthetic education is currently considered the most important factor in the formation of personality in pedagogy. The scientist Plato argued that human abilities are innate, and suggested that everything a person knows is a memory of a time when he was in an ideal world of knowledge. Vocal performance is an art form that uses the human voice as the main instrument in the performance of musical works. This sphere not only creates the opportunity to enjoy the beauty of music, but also has a deep impact on the human psyche. For students, vocal performance can be an important part of personal development, and not only in terms of improving musical skills. In the process of performing music, students express not only their voice, but also their inner world, feelings and thoughts. This will make a huge difference on their path to maturity. Vocal performance provides students with a number of benefits, including self-awareness, emotional and intellectual development, and the development of creative approaches. This art form also boosts students' self-confidence, develops teamwork skills, and broadens cultural horizons. Our goal is to provide a detailed analysis of how vocal mastery affects students and contributes to their overall development.

### **Research Methodology**

The purpose of the study is to determine how vocal activity affects the maturation of students, as well as their overall development. This study examines the pedagogical, psychological and social aspects of teaching students through the art of vocal performance. The main areas of the research methodology will be as follows:

#### **1. Theoretical foundations of the study**

- Analysis of scientific literature on vocal performance and its educational value.
- Psycho-pedagogical theories about the concepts of maturity and general development and how they are influenced by vocal data.
- The role of vocal performance in the educational process and its socio-psychological impact on students.

#### **2. Research Method**

##### **The following is used as a study:**

- Qualitative method: conducting interviews with students and teachers, studying their attitude to vocal performance. Through this method, personal experiences of the performing arts and their impact on students are collected.
- Quantitative method: conducting tests, questionnaires and surveys to measure the level of social, emotional and intellectual development of students. Analysis of the results of vocal training (academic results, social skills, etc.).
- Experimental method: vocal training is carried out and the impact of this process on the psychological and social development of students is studied.



### 3. Object and subject of research

- Object: students' activities related to vocal performance, the process of their maturation and general development.
- Topic: students (primary and secondary school students), their parents and teachers (vocal teachers).

### 4. Research process

- Primary research: previous studies of students' vocal abilities are analyzed.
- Practical research: vocal classes are organized for students. During this process, tests are conducted to introduce students to a variety of vocal exercises and to measure students' self-confidence, social competence, and intellectual potential.
- Analysis of the results: the results of the study are analyzed using statistical methods and the impact of vocal activity on the development of students is determined.

### 5. Methodological tools

- Questionnaires: collect students' opinions about their interest and influence on vocals.
- Tests and scales: to determine the level of social, psychological and intellectual development of students.
- Interviews: collecting personal experiences of teachers, parents and students about the impact of vocals on development.
- Experiments: organizing vocal training and measuring its impact on the individual development of students.

### 6. Analysis of the results and conclusion

- The results of the study are tested and conclusions are drawn about the positive impact of vocal performance on the overall development and maturity of students.
- Proposals and recommendations have been developed to increase the effectiveness of the impact of vocal performance on students.

This technique helps to achieve clear and substantiated scientific results on how vocal performance affects the maturation of students and their overall development.

Analysis and results. In the course of the study, the psychological, social and academic development of students through vocal and performing activities was analyzed. The main results of the study were as follows:

#### 1. The influence of vocal performance on the psychological development of students

The study showed that studying students' approaches to vocal performance had a positive effect on increasing their self-confidence and intrinsic motivation. Vocal classes helped students develop self-expression and teamwork skills. The students' increased confidence in their abilities improved their psychological well-being. The data obtained through questionnaires and interviews showed that during the training, students significantly increased their self-confidence and interest in vocal performance.



## 2. Development of social and communication skills

Vocal performance has become important in the development of students' skills to work in a team, cooperate with other people and establish communication. More than 80% of the students who took part in the study reported that they learned to communicate and work in groups more easily and effectively thanks to vocal training. This, in turn, had a positive effect on their social development. The growth of students in teamwork helped them to better understand their role in society.

## 3. Academic development

The effect of vocal performance on academic performance was also studied. Among the students who took part in the study, those who participated in vocal classes showed a significant increase in academic performance. Influencing students' concentration and memory, developing the skills necessary for success in the learning process. Changes in students' self-awareness and assessment of their capabilities also had a positive impact on academic results.

## 4. Emotional development

The effect of vocals on emotional development is also among the important findings identified in the study. Positive results were noted in improving the emotional state of students, increasing their ability to cope with stress, and influencing the general mental state. Students had the opportunity to express their feelings through art through vocal performance. This helped them adapt to their mental state and social environment.

## 5. Maturity and self-awareness

Thanks to vocal performance, students have the opportunity to realize themselves, understand their desires and needs, as well as fully show their potential. Most of the students who took part in the study noted that they found their inner potential through vocal training and that the arts play an important role in self-improvement. Students said that they learned to express their emotions and manage them, especially through vocal art.

## 6. Integration of vocal performance into the educational process

The study also showed the successful integration of vocal performance into the educational process. Students learned creative thinking and a critical approach in vocal lessons. The development of such skills in the educational process allowed students to master the skills necessary not only for academic success, but also for successful functioning in society.

## 7. Recommendations and future actions

Based on the results of the study, the following recommendations can be made:

- Greater integration of vocal training into educational programs, with a greater focus on the social, psychological and academic development of students.
- Increased use of vocals and art therapy to ensure the psychological well-being of students.
- Creation of additional resources and organization of special courses for the study of vocal performance in educational institutions.



- Extensive use of vocals in group classes to further develop students' communication and emotional skills.

### Discussion

When discussing the benefits of integrating vocal performance into the educational process, it is emphasized that it is only useful for students who are interested in the arts. However, the question arises whether it would be beneficial to make vocal mastery mandatory for all students. Some students may feel unhappy about being forced to participate in such activities, which can further worsen their mental well-being. On the other hand, vocal training integrated into the educational process can contribute to the development of creative thinking and communication skills of students. During the discussion of the impact of vocal performance on the maturation and overall development of students, different opinions were expressed about the benefits and limitations of this process for students. Studies have shown that vocal performance has a positive impact on students' psychological, social, academic, and emotional development. However, the fact that this impact does not affect each student to the same extent indicates the need to take into account the individual characteristics and needs of students. A deeper integration of vocal performance into the educational process can further enhance its impact, but this process should be carried out on the basis of an individual approach.

### Conclusion

The purpose of this study is to study how vocal performance affects the maturation and overall development of students. The results of the study showed that vocal performance has a significant impact not only on the art of music, but also on the psychological, social, academic and emotional development of students.

Firstly, vocal performance increases students' self-confidence and contributes to their psychological well-being. Students have the opportunity to express their feelings and fully understand themselves, which plays an important role in their development.

Secondly, vocal training helps to develop social skills. Students learn to work in a team, communicate with others, and express themselves freely, which helps them determine their place in society.

Thirdly, vocal data also affect academic performance. The study found that participation in vocal lessons led to a positive increase in academic performance among the students who participated. Vocal performance increases the overall intellectual potential of students by improving concentration, memory and the development of creative thinking.

Fourthly, the influence of vocal performance on emotional development is also important. Students improve their mental health by expressing their emotions through the arts and learning how to manage stress.

However, the study emphasized that the effect of vocal performance is not the same for every student, and that the individual needs and characteristics of students must be taken into account in this process. The integration of vocal performance into the educational process can make a significant contribution to the creative, academic and social development of students, but this process should be carried out on an individual basis.





Thus, it became clear that vocal lessons have a positive effect on the overall development and maturation of students. Increasing the application of this process in educational institutions will help students succeed in all areas. However, it is necessary not to force students to engage in vocal performance, but to create opportunities for them to freely choose in this area. This ensures the most effective development of students.

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