

# PEDAGOGICAL APPROACH TO TEACHING THE HANDBALL FORM

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## Abstract

The importance and methods of use of pedagogical approaches are analyzed in the process of effective training of handball sports. Innovative methods and methods will be considered to teach young people in the technical and tactical bases of sports. Teach us what pedagogical techniques should be used in teaching the sports. For example, the application of group work and roleplaying games can be effective for young people. For students, these methods teach not only to play a game, but also to solve problems.

**Keywords:** Handball, pedagogical approach, youth, sports education, methods, motivation.

## Introduction

This Article Analyzes The Importance of Pedagogical Approaches and Methodologies of Application in The Process Handball Teaching Handg People to do.

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Access. The activities of President Shavkat Mirziyoyev includes measures taken to promote sports and important achievements in sports, promoting a healthy achievement in our country and attracting young people in sports. Some of them reflected in their official speeches, decrees, and decisions. For example, the president of the president's decisions and decrees adopted "Development and support of physical education" The issues of attracting young people in sports, construction of new sports facilities, and the system of training of athletes will also be considered. He also focused on further improving the achievements of the sports in the field of international arena and widespread promotion of sports.

In addition to the opinion of President of the sports, he agrees to the opinions of Mirziyoyev, he will help improve the handball sports to teach young people. The handball is one of the modern sports requires physical development, speed, tactical thinking and collective. This sport is a great popular among young people, which requires pedagogical approaches and innovative methods. It is important to increase interest in handball in the educational process

and use effective teaching methods. The creative approach of teachers in teaching handball process is needed to make the textbook interesting, dynamic and effective. This article is devoted to analysis of pedagogical strategies used in the training of handball and their effectiveness.

The handball sport plays an important role in physical culture and sports. This sport will help to form not only to develop physical skills, but also to form collective cooperation, strategic thinking and prompt decision making skills. In this article, the importance and effectiveness of pedagogical approaches is analyzed in this article.

The handball sports play an important role in physical education, and attracting them to physical activity. In this article, the importance and methodology of the pedagogical approach is analyzed in teaching youths to handball. In selecting a pedagogical approach, the teacher must choose pedagogical skills, and the physical fitness of young people, techniques based on the interest of sports.

### **1. The importance of a pedagogical approach to teaching a handball sport**

A pedagogical approach is an important factor in determining the effectiveness of sports teaching. A.Akromov's work on the works of sports pedagogy, the importance and importance of pedagogical approaches were covered in its educational process. According to the author, the sport pedagogy is not limited to physical education and classes, but also to the psychological, spiritual and social development of students should also be made to pay attention to the development of students. It also details the roles, methodology and how to approach students of the sports teacher.

In my opinion, Akromov's approaches about sports pedagogy are very important. It is important not only to increase physical culture and sports, but also increase their decisionmaking, making their decision, working, patience, and selfconfidence. According to him, sport is aimed only to strengthen spiritual, social and psychological potential, not to increase physical strength, but also to strengthen the development of sports pedagogy in private segments of society. I agree with Akromov, because it is possible to educate not only healthy but also spiritually well-developed creatures.

### **2. Methodological approaches to the handball handball approach to teaching young people**

The teacher's methodical approach is important in teaching youth to handball. T.Shodmanov's New Pedagogical approach to young people in education The importance of creative and modern approaches to the use of new pedagogical methods, attracting young people in sports. According to the author, physical sports such as handball contribute to young people not only for their physical development, but also psychologically and spiritually.

I think Shodmonov's pedagogical approach suggests that he invites young people to use not only traditional methods, but also new, innovative approaches. This is definitely a great help to motivate young people and increase their interest in sports. In teaching the handball, not only to develop technical skills, but also, through new pedagogical approaches, have the opportunity to identify and further develop psychological factors with young people, affecting



their sports success. I fully agree with Shodmonov, for young people need to be enriched not only physically but also spiritually spiritually.

### **The role of handball in the development of young people**

Gandball sports have a great impact on the physical and mental development of youth. According to Akramov (201 5), students should be prepared not only physically, but also spiritually in teaching sports. This process is not limited to the performance of physical exercises, but also includes teaching students to cooperate, respect, and competing.

### **The role and motivation of the teacher**

The role of the teacher is especially important in the interest of young people. The teacher creates the necessary conditions to motivate students, to success in studying sports by encouraging them to achieve high goals.

Shodmonov (2020) emphasizes the importance of raising the teacher's interest in sports among young people in his article.

### **Practice examples**

As an example, we will consider students as groups and prepare for short-term tournaments. Such an approach increases the interest of young people in working in the group and to succeed. The tournaments increase the interest of young people in sports and have a positive effect on their physical and mental development. The main features of handball

The handball is a collective sport that combines physical training and tactical knowledge. It includes the following key elements:

- Technical elements: holding, transmission, moving, and shocking with the ball.
- Tactical elements: Attack and defense Location, team strategies.

### **Pedagogical approaches**

It is advisable to use the following pedagogical approaches to teach young people:

Different approach: taking into account the physical fitness and abilities of each student. For example, applying simplified exercises for kids levels.

Teaching through Game: Training in the form of a game during practical training helps to better master technical and tactical knowledge.

Innovative technologies: show and correct errors of machinery and tactics using video analysis and simulations. Motivation: Using game methods to increase interest to handball.

Organization of the training process - Gradual development.

- Teaching simple actions and technology in the initial stage.
- Transition to complex combinations and collective tactics in the next stages.
- Personalization of exercises: Create individual programs taking into account the strong and weaknesses of each participant.



- Improving motivation: the organization of various tournaments and games to form a spirit of competitiveness.

#### Innovative methods in teaching handball Gamification

Through the game, you can enrich handball classes with game elements. For example, students can be interested by allowing the games to stages and make some progress in each stage.

#### Interactive technologies

You can increase the effectiveness of study of handball equipment through video materials, simulations and mobile applications. This method helps the implementation of theoretical knowledge in practice.

#### Role-play and exercise

The skills to make strategic thinking and prompt decisions are formed through the stage of different situations and attracting students in the context situations.

### Advantages of a pedagogical approach

**Motivation** Improving motivation: Innovative approaches actively involve students in the course process.

**Physical and psychological development:** Development, endurance and tactical thinking through the handball game. **Collective and Communication Skills:** In the handball game, students learn to work in a collective environment.

### Recommendations for organizing the lesson process

#### Development of methodological manuals

It is necessary to develop special methodological manuals to teach handball for teachers. These guides help you organize lessons correctly.

#### Use of sports facilities

Specially equipped gyms and structures for handball exercises. This process creates a comfortable environment for students. Strengthen an individual approach

Given the individual characteristics of students, you need to choose appropriate exercises and training programs.

### Conclusion

In teaching handball young people, pedagogical approaches will not only teach technical and tactical knowledge, but also help the overall development of young people. These approaches allow the training process to make fun and effective. In future, research should be directed to innovative methods and their effectiveness.

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