# SPECIFIC CHARACTERISTICS OF MENTAL EDUCATION OF PRESCHOOL CHILDREN

Zoirova Makharram JSPU In Preschool and Elementary Schools Department of Distance Education

### Abstract:

This article provides information about the specific features of mental education for preschool children.

Keywords: preschool age, children, mental, education, specific features.

### Introduction

Young generation for our independent republic in every way raising a mature person is one of the vital tasks is considered because the development, social, political and economic well-being of any society depends on the intellectual and moral potential of citizens and their high spiritual development.

In the decision of the President of the Republic of Uzbekistan Sh.M. Mirziyoyev "On measures to further improve the preschool education system in 2017-2021", preschool education is considered the first link of the education system and which is the main goal of the entire educational system, is of great importance in achieving the education of a perfect generation.

As a result of the implementation of the complex measures defined by the decision, the following was achieved:

- to ensure high-quality preschool education, to fundamentally improve the preparation of children for high-quality school, to introduce alternative programs to the educational process;

to organize 6100 short-term groups, which are an alternative form of preparing children for school;
to prepare children aged 3-6 who are not included in preschool educational institutions for school education by providing their parents with methodical manuals;

- to expand the network of pre-school educational institutions through the construction of 50 new buildings and the reconstruction of 1167 existing institutions and the complete repair of 983;

- to reduce the contribution of parents in preschool educational institutions in rural areas by up to 30%;

- to increase the coverage of children to school by 1.5 times.

The effective implementation of the program will be under the constant control of state bodies through systematic monitoring of the performance of the indicators provided for in it.

The implementation of the decision, as one of the main priorities of the state policy, ensures the organic and gradual development of the continuous education system of our republic. Indeed, the development of a legal democratic state that ensures the development of our society, the





formation of a socially oriented market economy, and its integration into the world community cannot be solved without mature and qualified personnel. Therefore, the main goal and task of the reforms being implemented in the Republic are focused on changing the conditions of the realization of individual interests and their social behavior patterns.

Also, on the basis of the rich intellectual heritage and universal values of our people, a lot of attention is being paid to the issue of forming an excellent system of personnel training based on the achievements of modern science, technology and technology, economy. Especially after the Republic of Uzbekistan achieved state independence, it chose a unique path of economic and social development, and special importance was attached to the issue of personnel training. In this regard, a number of measures were taken and implemented.Newly established children in the field of preschool education kindergartens and "Kindergarten - school complex", "Private Kindergartens", the network of "Internat kindergartens" is developing.

Children learn a foreign language, choreography, visual and musical arts,

basics of computer literacy and various sports more than 1000 teaching groups have been opened. Pre-school education is carried out in the family and in state and non-state preschool institutions until the child reaches the age of 6-7.

Preschool education aims to form a child's personality in a healthy and mature manner, ready to study at school, in accordance with the State requirements for the education of preschool children. Shaping the life of preschool children is a process of comprehensive education of the young generation based on a specific goal and socio-historical experience, and formation of their consciousness, behavior and worldview. In different times and places, social education has been expressed in different ways, and its content is based on social goals.

The purpose of raising children is determined on the basis of social order. From the simplest action to a large-scale state program, education is always aimed at a specific goal.

There is no education that does not express a certain idea without a goal. Based on the goal of education, its content is based on, and the methods and methods that serve to realize the goal are determined. The problem of the goal of education is considered one of the urgent issues of pedagogy.

The goal of education can be general and individual. Advanced pedagogy shows unity and harmony of common and individual goals. The purpose of education is directed to the positive solution of the general social goal and is manifested as a system of specific tasks. So, the goal of education is a system of tasks that are solved based on the organization of the educational process. Educational goals are grouped as general and specific tasks according to their nature and scope.

It is very important to educate children first. In this respect, how is the goal of education formed? Many objective reasons play a leading role in its formation. The laws of the physiological development of the organism, the spiritual development of a person, the achievement of philosophical and pedagogical thoughts, the level of social culture give a general direction to the goal. However, the main factor will always be the ideology and policy of the state.



Currently, the leadership of the Republic of Uzbekistan selects and selects the most talented and potential young people, and cares for them to reach scientific, cultural and spiritual maturity, and thoroughly master modern science and technology. Taking into account the perspective of the Republic of Uzbekistan, the fact that many young people are sent to study in developed foreign countries such as Turkey, China, Japan, USA, and Germany is a clear proof of our opinion.

Human qualities such as spiritual and moral purity, faith, honesty, religion, honor, kindness, respect for the elderly, which play an important role in the spirituality of the society and the development of the individual, are not formed by themselves. The basis of all of them is the content, ideological direction and effect of education for the young generation, which is carried out in the family, preschool educational institutions, general secondary, special secondary, vocational and higher education systems.

A new approach to the organization of the important components of social education - mental, spiritual-ethical, physical, labor, aesthetic, legal, ecological, economic education in order for the growing young generation to become a complete person in accordance with the requirements of the times, the development of their effective ways is of particular importance. These are the most important tasks in education.

Providing intellectual education to preschool children is a process of pedagogical activity aimed at giving a person the basics of knowledge about the development of nature and society, forming his mental (cognitive) ability, thinking, and the individual's understanding of nature, society, as well as human thinking. assimilation of knowledge about, forms a scientific worldview in him. Mental education plays a leading role in educating a person with high spiritual and moral qualities.

Consciously mastering the system of knowledge helps to develop logical thinking, memory, attention, perception, mental ability, aptitude and talent.

The following are the tasks of mental education for children of preschool age:

- $\Box$  achieving a certain amount of scientific knowledge by a person;
- $\Box$  creating interests in knowledge;
- $\Box$  development of mental ability and talent;
- $\Box$  to increase the activity to know;

 $\Box$  development of the need to regularly enrich existing knowledge, increase the level of general secondary education and special professional training.

 $\Box$  formation of a scientific outlook.

"Knowledge can be achieved by acquiring knowledge. Learn the science even if you go to China. ... Acquire knowledge. "Knowledge is a friend in the desert, a support on the paths of life, a companion in lonely moments, a guide in unhappy moments, a helper in sad moments, an ornament among people, a weapon in the fight against enemies."

It is also said in Hadith Sharif that "The pursuit of knowledge is obligatory for every Muslim and Muslim woman."

Alisher Navoi describes from his epic "Farhad and Shirin" that Farhad was intelligent, knowledgeable, skilled, humble, humanitarian, strong-willed and faithful.





Providing physical education to children of preschool age is a pedagogical process aimed at forming physical and voluntary qualities in children, preparing them mentally and physically for labor and defense of the Motherland, and is an integral part of social education. The existing social conditions based on highly developed production indicate the need to raise a young generation that is physically strong, capable of working with high efficiency in the production process, not afraid of difficulties, and also always ready to defend the homeland.

## References

- 1. O'zbekiston ovozi.2017 yil 1 yanvar. 1-son (32.216)
- 2. . "Ilk va Maktabgacha yoshdagi bolalar rivojlanishiga qo'yilgan Davlat talablari". Toshkent . O'zRMTV . 2018 yil
- G.R.To'xtasinova vb. Bolalar bog'chasida intellektual o'yinlar. Yandi asr avlodi. T.-2005
- 4. Ochilova, V. R. (2021). Metacognition and its history. *Frontline Social Sciences and History Journal*, 1(03), 18-44.
- 5. Ochilova, V. R. (2010). The Concept of Vocabulary Teaching and Studying. *International Journal on Integrated Education*, *3*(10), 184-187.
- 6. Ochilova, V. R. (2023). Neurolinguistic Programming (NLP) In the Teaching Process. *Genius Repository*, 27, 47-52.
- 7. Болтаева, К. Ш., Абдураззакова, Х. М., & Дусмуратова, Ф. М. (2017). ИНТЕРАКТИВНЫЕ МЕТОДЫ ОБУЧЕНИЯ-ЗАЛОГ УСПЕХА В ПРЕПОДАВАНИИ ПРЕДМЕТОВ высших УЧЕБНЫХ В ЗАВЕДЕНИЯХ. Бюллетень Северного государственного медицинского университета, 1(1), 69-71.
- 8. Болтаева, К. Ш., Абдураззакова, Х. М., & Дусмуратова, Ф. М. (2017). ИНТЕРАКТИВНЫЕ МЕТОДЫ ОБУЧЕНИЯ-ЗАЛОГ УСПЕХА В ПРЕПОДАВАНИИ ПРЕДМЕТОВ В высших УЧЕБНЫХ ЗАВЕДЕНИЯХ. Бюллетень Северного государственного медицинского университета, 1(1), 69-71.
- 9. Болтаева, К. Ш., Нурмухамедов, А. А., & Шакирова, Д. Н. (2019). Сравнительное изучение антимикробной активности субстанций, содержащих в своём составе наночастицы цинка и серебра. *Фармацевтический журнал–Ташкент*, 115.
- 10. Sharipova, U. A. (2023). FEATURES OF THE DEVELOPMENT OF INTERNET MARKETING AT THE PRESENT STAGE. *World Economics and Finance Bulletin*, 23, 90-91.
- 11. Gulyamova, G., Abdullaev, A., & Sharipova, U. (2020). Peculiarities and modern trends in world energy and the development of global pipeline transport networks. *Journal of Critical Reviews*, 7(4), 388-392.
- 12. Sharipova, U. A., & Zaynutdinova, N. N. (2021). Nestle Scandals, Negative Impact of Conflicts to Brand Prestige. *Academicia Globe*, *2*(6), 376-379.
- 13. Umida, S. (2023). FEATURES OF TOURISM GROWTH IN UZBEKISTAN: BASED ON FOREIGN EXPERIENCE. *World Economics and Finance Bulletin*, *29*, 203-209.



- 14. Sharipova, U. A. (2023). THE USE OF COMPETITOR ANALYSIS AS A FACTOR OF INCREASING THE COMPETITIVENESS OF THE COMPANY. American Journal of Business Management, Economics and Banking, 13, 90-92.
- Alidjanov, J. F., Khudaybergenov, U. A., Ayubov, B. A., Pilatz, A., Mohr, S., Münst, J. C., ... & Wagenlehner, F. M. (2021). Linguistic and clinical validation of the acute cystitis symptom score in German-speaking Swiss women with acute cystitis. *International Urogynecology Journal*, 32(12), 3275-3286.
- 16. Ataullaevich, K. U., Ataullaevich, A. F., Talatovich, M. A., & Khikmatovich, T. M. (2017). Studying of prevalence of the most significant urological diseases in the Aral Sea Area. *European science review*, (1-2), 140-145.
- Ataullaevich, A. F., Mekhammadkabirhanovich, B. M., Khalilovich, M. D., Ataullaevich, K. U., & Samukdjanovich, K. S. (2018). Factors influencing the choice of a method for treating patients with urethral stricture. *European science review*, (9-10-2), 203-206.
- Ataullaevich, A. F., Mekhammadkabirhanovich, B. M., Khalilovich, M. D., Ataullaevich, K. U., & Samukdjanovich, K. S. (2018). Factors influencing the choice of a method for treating patients with urethral stricture. *European science review*, (9-10-2), 203-206.
- 19. www.pedagog. uz
- 20. www. ziyonet. uz

