

FOLK INSTRUMENTS IN EDUCATION AND METHODS OF TEACHING THEM

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Abstract

Folk instruments play a crucial role in preserving and promoting cultural heritage, and their inclusion in educational settings helps bridge the gap between tradition and modernity. This paper explores the significance of teaching folk instruments in the educational process and the various methods employed to impart knowledge of these traditional instruments. It highlights the importance of folk music education in fostering a deeper understanding of cultural identity, enhancing artistic expression, and cultivating a sense of community. The study examines both traditional and contemporary teaching methods, from the master-apprentice system to the use of digital technologies and interactive tools. It also addresses the challenges in teaching folk instruments, such as the limited availability of resources, the changing interest of younger generations in traditional music, and the integration of folk music with modern pedagogical approaches. Ultimately, the paper emphasizes the need for an innovative and adaptive approach to folk instrument education, ensuring the preservation and evolution of this vital aspect of cultural heritage for future generations.

Keywords: Folk instruments, music education, traditional music, teaching methods, cultural heritage, pedagogical approaches, master-apprentice system, digital technology, interactive learning, music pedagogy, cultural identity, folk music preservation, educational challenges, modern teaching techniques, traditional music education.

Introduction

Our national musical instruments are the priceless wealth of the Uzbek people it's uniqueness, the attractiveness of the pattern decoration, the freshness of the voice national musical with incomparable diversity and performance possibilities has a special place in our culture. Folk musical instruments are not only an integral part of national musical culture, but also play an important role in modern educational processes. Teaching folk musical instruments allows not only to develop musical skills, but also to preserve and develop national culture, as well as to acquaint the younger generation with its historical and cultural heritage. This article will provide a detailed analysis of folk musical instruments and methods of teaching them in the educational process. Folk instruments are mainly known as the main instruments of traditional and folk music. These instruments are important not only as musical instruments, but also as means of expressing people's history, customs, outlook and values. Studying them allows the young generation to pass on the musical culture and traditions of their people. By teaching folk music, it is possible to achieve not only musical knowledge, but also aesthetic, spiritual and psychological development. Education of folk musical instruments is an important factor in preservation, renewal and dissemination of national music. In this process, the uniqueness of



musical technique, rhythm, tone and melodies is taken into account. When teaching folk musical instruments, students get to know the music that serves to form their identity and national thinking.

The educational content that is being developed in our country and meets world standards is not being improved by itself, but rather by advanced editorial scientists, methodologist teachers, and the achievements of editorial science gained in the world. Therefore, the task of reforming education at the current stage is to form creative teachers who are responsible for the educational upbringing of the next generation in the conditions of rapid development of information and communication technologies, computerized teaching models, and forward-thinking. Existing experience shows that no matter how much the content of education is modernized, no matter how perfect curricula and textbooks are developed, the effectiveness of the educational process depends on the teacher's editorial skills, mastery of modern educational technologies, and their effective and appropriate use in the educational process.

Folk music consists of various instruments, each with its own unique construction and performance style. The most common instruments in Uzbek folk music include:

- Dutor: One of the most popular stringed instruments in Uzbek folk music. The playing technique is very rich and is used in both traditional works and modern compositions.
- Rubab: The main instrument in creating the rhythmic and melodic structure of folk music, and also has its place in modern music.
- Tanbur: It is also a stringed instrument, widely used mainly in ceremonial and educational music.
- Doira: A percussion instrument, used in folk songs and dance music.
- Kobuz: Another stringed instrument widely used in folk music, distinguished by its rich playing technique.

Each of these instruments has its own unique characteristics, and their techniques, expressive aspects, and styles are taught during the educational process. In addition to introducing students to musical notation and technical skills, folk instrument teaching also teaches the spiritual and aesthetic aspects of music.

Several methods are used in the process of teaching folk instruments. These methods mainly include traditional and modern approaches. The main types of these methods are listed below:

Traditional Methods

Traditional methods are mainly based on direct communication between teacher and student. The teacher's knowledge and experience is conveyed to the student orally, the rhythmic and melodic features of music are taught by feeling expressiveness.

- Master-student system: In this system, the teacher teaches the student instructions, exercises, and musical phrases. The teacher actively participates in the process of teaching the student his performance style, techniques and methods.
- Step-by-step training: The training process of each instrument is carried out step-by-step. First of all, the technique of holding the instrument, sound production, and then the rhythmic and melodic composition of the music will be discussed.



Modern Methods

In modern education, innovative technologies and pedagogical approaches are used in teaching folk musical instruments. Computers, interactive tools, and video lessons help make the teaching process more effective.

- **Interactive teaching:** Using music programs and computer technology, learning to play instruments becomes more interactive and interesting. This method helps students master musical exercises quickly and effectively.
- **Video lessons:** Video lessons are also effective in teaching music. Students learn different performance styles by seeing, hearing, and repeating exercises.

Group Practice and Individual Approach

A combination of group practice and individual approach is important in teaching folk music. In group practice, students learn to collaborate musically with each other, which helps them develop their creativity.

- **Group practice:** By teaching students to work together, they develop musical communication and teamwork. Group practice, in particular, helps to improve rhythm and musical coordination.
- **Individual approach:** It is necessary to take into account the individual characteristics of each student. Some students learn better with oral instruction, while others prefer technical exercises. With the help of an individual approach, the student's abilities and learning pace are adjusted.

There are some problems and difficulties in teaching folk instruments. The main ones are as follows:

- ✓ **Lack of resources:** Limited number of materials and teachers needed to learn the instruments.
- ✓ **Interest of the younger generation:** Under the influence of modern music, the interest of the younger generation in folk music is decreasing.
- ✓ **Preservation of folk music:** As folk music changes and is modernized, it is becoming difficult to preserve its original form.

Teaching folk instruments is of great importance in terms of preserving national culture and teaching the younger generation its history. The use of innovative approaches and modern technologies in teaching folk instruments in education allows students to make the learning process more effective. At the same time, it is also very important to preserve traditional methods, teach the original forms of folk music, and teach students unique performance styles. Teaching folk instruments in education serves not only to increase musical knowledge, but also to develop national culture.

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