

# THE INFLUENCE OF PARENTAL NEGLIGENCE ON THE EMOTIONAL STATE OF THE CHILD

O. I. Yadgarova

Scientific Supervisor: Sam DCHTI, Associate Professor

Doctor of Philosophy (PhD)

Abduvalieva Gavkhar

Student: SamDCTI, Faculty English Language:

## Abstract

This article describes how the indifferent attitude of parents towards a child in the family negatively affects the mental state of the child. As a result of parents' neglect of the child's needs, due to lack of care for him, the child's emotional state is disturbed; such an attitude poses a threat to the health or mental development of the child. Some recommendations are also given for working with mental disorders in the child's psyche.

**Keywords:** education, child psychology, responsibility, attention, education, success, family relationships, mental health.

*“We have a duty to our children – and children are the least protected members of any society – and it is our duty to provide them with a life free from violence and fear.”*

**Nelson Mandela**

## Introduction

Man is the only, priceless creature that shapes society and elevates states. Society begins with the family, and the family grows through education. Thus, parents or guardians have two responsibilities. The first is to give birth to a child and give him a proper and beautiful upbringing. There is nothing big or small in a family. Everything, even the simplest family relationships, have a huge impact on the child. In this regard, we can say that the President of the Republic of Uzbekistan Sh.M. Mirziyoyev said: “The family is sacred for a child.” to me. The holiness is that no matter where a person works, if you do not pay special attention to the environment, honesty and family education, there will never be results. Exactly that's why I pay a lot of attention education their children \_ I have a special relationship with each of my children and grandchildren. His speech “I know the character of every child, I know his dreams and desires” is a clear example of the fact that the family is the main link of society, and that any relationship in the family deeply influences the mental world of the child.

On which parents and close friends write different things. Until the child grows up and understands his own mind, he receives all impressions and skills from him, that is, from his parents or their substitutes. Some parents in today's developing world, realizing that such responsible work is not very important, run away from worldly worries in order to provide for their child financially.





Preschool children (3-6 years old) read, study and expect encouragement from their parents for the knowledge they have acquired, but children are very sad that adults are indifferent to them. Children crave stimulation, rewards and treats and expect more from their parents. Neglect needs baby is result inability parents or persons, their substitute, take care of the child, that influences on emotional state child, and so attitude puts under threat health or mental development child.

Is parental attention and a special approach to children so important? Such issues are considered as one of the pressing problems, and immorality and some deviations in the upbringing of some younger generations may be the result of neglect and neglect. In fact, children are very attentive. A clear confirmation of our point of view can be an example of experiments conducted by researchers. For example, a parent is busy with the right thing, and the child sits quietly among the toys, making something or drawing something, but no one pays attention, they do not encourage him. Then the child begins to behave badly, draw on the walls, touch the computer or some equipment in order to attract everyone's attention. As a result He glad to see him \_ universal attention. Child awaits a lot of attention with sides those around you, especially with sides his family.

Another experiment proved that a strong positive relationship between a parent and a child affects not only the child's lifestyle, but also his educational achievements. Director School "Yuksalish" Muhammadali Eshankulov spent such experiment with their students aged 8-14 years and their parents;

When new schoolchildren were asked what they were unhappy with, 80 percent of children answered: "My parents don't spend time with me." This experience was carefully studied, and as a result of teachers and parents working together to educate and raise the child, the students' learning improved day by day. Here are the words of Nelson Mandela that are apt: "We have a duty to our children - children are the least protected members of any society - and our duty is to provide them with a life free from violence and fear.

So what does a child need for proper development?

1. Health - a child needs regular physical support and care for his health. Parents or other adults caring for baby, must provide physical and mental development child, paying attention to the following: Pay attention attention his prevention to \_ Not get sick used to healthy nutrition, physical space and harmful habits \_

2. Education - adults should help children's mental development, starting from birth. In a child must be opportunity play and interact with others children, have books, develop skills and interests, feel success.

Bye child lives in society, he forms and matures before \_ everything, in the family. Activities and their kinds have big importance in development children \_ Here should say that \_ child develops through the following species activities:

- A game
- Reading
- Additional education

Adults should take an interest in the child's learning and progress and meet any information needs the child may have. One from countries showing \_ initiative in this respect, is Japan. This country is the only country that has received the name "Khijalovchi" in terms of education and raising children. As proof this Ikkeno Osamu in his book "Japan". How understand this?" explained one from such experiments in their book. The experiment is as follows: Japanese and European mothers and children were asked to assemble a pyramid together, the European mothers gave the

child theoretical ideas, and then entrusted the assembly of the pyramid to the child, which, of course, the child could not. done or done with great difficulty. Japanese mothers used a different method : first they assembled the pyramid themselves, then asked the child to repeat it, and if the child could not, they started from the beginning. The conclusion from this experience is this: adults should , with such gentleness and patience, help the child in all areas and raise him to adulthood, not remaining indifferent to the education and future of their child.

Many children, even teenagers, left without the attention and love of their family, experience mental depression and depression. The only way to solve these problems is to spend time with your children. Below we will provide brief information on what to pay attention to when spending time with children and how this activity can have a positive impact not only on the child, but also on the parents

- More time with your child and doing things together will help strengthen your relationship.
- Do special time spent with the child , part everyday life and you should devote time games and others classes .
- Share with your child cooking food , reading , word games , going to the park , etc.

At the same time, during the time allotted to the children, parents should talk in detail about their interests and problems and, if possible, approve the correct solution, otherwise, offer another correct solution. As a result, the child is afraid or apathetic. situations , then they easily cope with these situations and overcome such situations themselves, they may begin to experience anxiety. Parents should repeatedly tell their children that they are proud of them , this will have a positive impact on the child and will increase the children's self-confidence and belief that they can do anything, which is also very important for their future. In addition, as we said above, spending time together has a positive effect not only on the child, but also on adults. Adults also want to live like children at this time, enjoy innocence and escape from their problems and worries at least for a few hours.

I would also like to give some recommendations to parents regarding their relationship with their child.

Homework every day, but what new knowledge you learned at school today. Ask which ones you understand and which ones you don't. Take time to re-analyze information that your child does not understand. This time that \_ You spend with his child , will help to him increase self - confidence . “Where did my time go?” Have you ever wondered? How frustrated did you get when your child sat for hours and couldn't complete a single homework assignment? One way to get your family, life, goals, parenting, and character in order is to get your time in order. Your journey in life is not measured by the direction of the wind on the sea, but by the direction in which you turn the sail. By not doing the right thing, not doing the right thing, not solving a problem, not capitalizing on a problem, not raising capital, not getting capital, not getting out of debt, not achieving results, not managing your child, you have to teach yourself to improve yourself. control. You must first teach yourself and your child that time should be under your control and not let time control you. In the process of self-organization, you learn to control yourself. It means: “How well have you used yourself?” means.

In conclusion, we can say that family education is the most important factor for each person to take his place in society, realize his personality and prove himself as an individual. Therefore , if adults then \_ There is people responsible \_ behind baby , work For baby Not only alone , but also together with their teachers , sincerely and from Total hearts perform their responsible duties and



fine educate baby in everyone relationship , then in the future They will educate children religious , intellectual people interested \_ his country and nation .

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