

SCIENTIFIC AND PHILOSOPHICAL ANALYSIS OF READING

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Abstract:

In this article, it is shown that reading is a complex and multifaceted concept, a necessary attribute of human spiritual existence in the form of a self-organizing synergistic phenomenon. It is stated that it exists.

Keywords: reading, knowledge, understanding, information, systematic analysis, book, reader, phenomenon.

Introduction

Large-scale reforms on the formation of reading culture are being carried out in our country. Among the population, especially in the course of studying and researching the reasons for the emergence of the problem of reading among young people, the issues of raising enlightenment, spirituality, and increasing intellectuality are becoming urgent. Knowledge, enlightenment, creativity are largely related to reading. "The greatest wealth is intelligence and knowledge, the greatest inheritance is good education, the greatest poverty is ignorance!" ¹. Therefore, great attention is being paid to increasing the interest of young people in reading books and improving the reading skills of the population through the contests "Young Reader", "Young Reader Family", "Reader Neighborhood" in different age categories. At the same time, the information age creates the desire to acquire knowledge, the need for scientific research of new modern methods and means of reading.

The spiritual existence of a person is constantly moving from a stable state to instability and vice versa, from instability to stability. Quality changes occur as a result of internal and external influences. In particular, under the influence of reading a book, a person changes from ignorance to knowledge. A book is one of the main objective factors that strongly influence the formation of a person's spiritual being. "Spiritual existence represents ideological, spiritual objects that exist depending on ²the mind, imagination, and psyche of the subjects. " In the process of reading, a person develops knowledge and understanding, a worldview, and ultimately, a spiritual world. In the formation of the spiritual world, knowledge, book reading is an important foundation. In this sense, President Sh. M. Mirziyoyev said: "Every country in the world, every nation is powerful primarily with its intellectual potential and high spirituality. The source of such invincible power is, first of all, the great discovery of human thinking - in books and libraries" ³- this opinion is a recognition of the place of the book in the human spiritual being.

¹Mirziyoyev Sh.M. New Uzbekistan strategy. - Tashkent: " Uzbekistan " publishing house, 2021. 24 p.

²Toraev B.O. Existence (philosophical analysis). Imam Bukhari International Research Center, Samarkand-Tashkent: 2022. 9 p.

³Mirziyoyev Sh.M. From national revival to national rise. -T.: "Uzbekistan", 2020. Page 324.



The process of reading has a complex synergistic nature, it is characterized by its complexity, self-organizing properties, non-linear aspects, unexpected bifurcation situations, turbulence, spontaneous situations. What is the difficulty of reading? In what cases is complexity observed? Is reading really a complicated process? It is natural to ask questions. At first glance, reading seems to be a simple, ordinary phenomenon, that is, it can be said that reading happens as soon as a person picks up a book and starts reading. However, the phenomenon of reading is a very complex process, a reader can read a book by flipping through the pages, but there are also complex internal situations such as mastering it, keeping it in memory, distinguishing necessary or unnecessary information. These cases, of course, show the syncretic aspects of reading and consciousness.

The occurrence of reading as an event exhibits complexity, which creates a synergistic essence. The synergetic nature of reading is, firstly, in its complex phenomenon, secondly, in the fact that it is a self-organizing system, and thirdly, in the presence of non-linearity and many other synergistic properties. The non-linearity of reading is that reading is one of the main components of cognition, the various forms of reading are non-linear in that the laws cannot be clearly reflected in reading. A person is affected by reading, even a small piece of information is affected. Therefore, when reading a large work, one can be influenced not only by the total images or events in the work, but also by small fluctuations. Another characteristic of the reading process is its richness in spontaneous events and bifurcations. Random and unstable experiences may occur in a person's state under the influence of the information he receives during reading. In reading, spontaneity gives the reader, firstly, unexpected information, and secondly, it is observed that it gives a person emotional experiences. For example, in medicine, when memory fades, reading fiction is recommended as a tool to help restore it. In the process of reading a book, the human memory changes from a disordered state to an orderly state.

Reading is a multifaceted process, a type of communicative and onto-epistemological activity that develops rational cognitive ability, creative thinking aimed at reading carefully, perceiving and understanding the written text. At the same time, reading is a creative and individual process that significantly enhances the multifaceted influence on the personality, enhances the spiritual being, improves oneself in the process of knowing.

In conclusion Reading - it occurs in the inner emotional world of a person, that is, it is formed by need, seeing, understanding, knowing. The knowledge obtained as a result of the cognitive process reflects various connections and relationships in objective existence as concepts, laws, principles, theories. In addition, in the process of reading, a person gets to know objects, events and processes, that is, he perceives material and spiritual existence in his mind. Material and spiritual existence is manifested in the human brain through subjective images, symbols and signs.

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